

VRTA 200 Update

After further consideration all athletes who, in the opinion of the stewards, compete in the 200 at the upcoming VRTA meeting to a satisfactory standard, will receive a tick towards the 100/120 distance. Given the late notice of this change, entries will be accepted until Friday of this week.

The 200s will remain a standalone event and only those athletes that compete will be considered for a lift in the 200.

I will also be conducting an open discussion for all athletes and coaches wishing to attend, one hour prior to the commencement of the VRTA meeting. A precise time will be provided closer to the day.

I look forward to seeing as many athletes as possible kick start their VAL season at the Epping on Sunday October 17th.

Mark O'Brien

Under 15 athletes

Please note that athletes 13 & 14 years of age will be eligible to compete in all novice events on the VAL calendar for the forthcoming season. In the event of an under 15 athlete winning a novice event they will still be eligible to compete in novice events, subject to a handicap penalty, until they turn 15 years of age.

Mark O'Brien