



# Victorian Athletic League Inc.

ABN 94 382 804 163

PO Box 2194  
Richmond South  
Vic 3121

T (03) 9428 7077  
F (03) 9427 9183  
E [info@val.org.au](mailto:info@val.org.au)  
W [www.val.org.au](http://www.val.org.au)

## FEBRUARY EVENTS

Saturday 10  
Ballarat

Sunday 11  
Ararat

Saturday 17  
Keilor

Friday 23  
Casey (Cranbourne)

Sunday 25  
Noble Park

For all event details view  
each meeting under the  
events section on the  
website

# Pro League News February 2007

Season 2006/07 | Issue 7

## Report from the Distance Handicapper ...

A good track and strong finishing head wind greeted us at **Rye**. The Hipworth stable dominated the 800 making up 7 of the 10 man final. Brendan O'Brien burst clear down the back straight to win in 1.53.66 from the coach in 2<sup>nd</sup> place and Andrew Sullivan 3<sup>rd</sup>, who again recorded the fastest 800 rpm. In the Frontmarkers 1600 after a great battle with Kim McDonough and Steve Campbell, Celia Cosgriff also brilliantly surged away with 200 to go to record her first victory holding out Chris Brown and Chris Dixon in the time of 4.12.37. The Backmarkers 1600 was a return to the great backies races of the past with a tightly bunched field being pursued by some quality athletes. David Card continued his impressive season with a sensational last lap to win in 4.08.5 from George Murley and David Spence. Adrian Patti off 50 couldn't quite get on but finished strongly to record the fastest rpm. Celia Cosgriff had the fastest rpm of the girls.

Strong winds were again the order of the day at **Ringwood**, however that didn't worry Hugo Sarpa who broke through for his first win in the Novice 1600. Second place getter, Chris Palermo, backed up and went one better in the Fronties 1600 just out sprinting Rohan David and Paul Carroll in a very tight finish in 4.13.09. Rosemary Arthur had run a great race from the front and was only caught with about 20 metres to run. The Backies 1600 was again a tight competitive event with Gordon Muir just defeating Brant Dunshea in 4.07.01, the fastest time of the year so far. Adrian Patti from 50 metres got up for third and recorded the fastest rpm in the process.

Once again a fast track and windy conditions was the order of the day at **Wangaratta**. After some good competitive heats the 800 final was taken out by David Card who came from the back of the field with a great finish to just catch Chris Brown with James Deane 3<sup>rd</sup>. Deane recorded the fastest rpm of the day from Corey Lawson. After struggling in the 800 final, David Spence bounced back with a strong finish to win the 1600 in 4.09.56 from Rohan David and Chris Brown. Matt McDonough in finishing 4<sup>th</sup> recorded the fastest rpm again from Corey Lawson.

The track at **Sandringham** was the first wet, soft track of the year. Mark Andrews broke through for his first win in the Novice 1600 in 4.24.7 catching Gary Connor late, who had lead most of the race, with Colin Thornton in the red getting up for 3<sup>rd</sup>. In the Fronties 1600 Paul Viney showed a great turn of speed to sprint well clear over the last 200 winning in 4.11.47 from Rohan David and Chris Brown. Corey Lawson ran a brilliant race from 80 metres to record his 3<sup>rd</sup> win of the season in the Backies 1600 in 4.15.7 from Brant Dunshea and Mike Tuhan. Corey also recorded the fastest rpm with Corina Kapusta doing likewise for the girls.

### Less than 8 weeks left

Last month I suggested it was time to step up and overall I would say this has generally occurred. The standard of racing in the 1600s has been much improved with some tight, exciting backmarker events in particular. However I would like to remind athletes that there are not many events at Stawell so you should grab any winning opportunities between now and then. When finalizing the marks for Stawell I will be considering those that have had a genuine go during the season against those that have been waiting. Also losing is a habit, just as winning is and the confidence drawn from a win can more than make up for any minor penalty.

My best wishes for the remainder of the season and please contact me through the VAL office if you have any questions on any distance handicapping issues.

Mark O'Brien

## January Winners ...

### Rye

70m	Open	Dylan Hicks
70m	Novice	Chris Ryan
120m	Gift	Matthew Callard
120m	Women's	Katrina Steward
300m	Vets	Benny Tancredi
400m	Open	Peter Walsh
400m	Women's	Amanda Crook
800m	Open	Brendan O'Brien
1600m	Front	Celia Cosgriff
1600m	Back	David Card

### Ringwood

70m	Novice	Shane Buckingham
70m	Open	Adam Burbridge
100m	Women's	Emma Poynton
100m	Open	Cam Dunbar
400m	Gift	Cara White
400m	Women's	Celia Cosgriff
1600m	Front	Chris Palermo
1600m	Back	Gordon Muir
1600m	Novice	Hugo Sarpa

### Wangaratta

70m	Open	Daniel Sammut
120m	Gift	Andrew Flanagan
120m	Womens/vets	Adrian Fury
120m	Novice	Doug Greenough
400m	Womens	Billie Jo Petersen
400m	Open	John Adams
800m	Open	David Card
1600m	Open	David Spence

### Sandringham

70m	Open	Paul Keating
100m	Gift	Marcus Cooper
100m	Veterans	Bob Wishart/Evan King (Dead-heat)
400m	Open	Alan Dinsdale
300m	Wom/Vets	Benny Tancredi
1600m	Front	Paul Viney
1600m	Back	Corey Lawson
1600m	Novice	Mark Andrews

## Australian Sports Anti-Doping Authority (ASADA)

As most people are aware ASADA have been regularly attending Victorian Athletic League events over the past couple of months. They have randomly tested athletes of all abilities. More information can be found on the ASADA website - [www.asada.gov.au](http://www.asada.gov.au) - We highly recommend you visit this site so that you are informed of all your rights and responsibilities as an athlete.

### Entries

You can now check what events you have entered on the internet - They will be posted to the net approximately two weeks before the start of the meeting - This will allow you to make sure that you have entered the correct events and prevent any disputes when handicaps are declared

### Bendigo Madison Carnival

The Bendigo Madison Committee wish to assure athletes that they are watering their track so the Bendigo track will be in great condition despite the drought!

Also the prize money for the 800 meters has increased to \$1650 for first place an increase of \$450 from last year! The 1600 women's vets has also increased in prize money for first place being \$500 an increase of \$250 from last year!

### Extension of Entries

Casey, Noble Park and Burramine entries have been extended to Monday 12 February - no further entries will be taken after this date

Stawell entries have also been extended to Monday February 19 - no further entries will be taken after this date -

### Keilor Women's 800 !

The Keilor club have added a women's 800 to their program, the event will be run at 4.35 and entries will be taken up to race day. Any one interested can see Mark O'Brien or Brian Marantelli at Ballarat or contact the office.

## Sponsors ...

The Victorian Athletic League would like to thank it's sponsors for season 2006/07.

### Simon Yu Pharmacy

20 Sydney Rd  
Kilmore Vic 3764  
P: 03 5782 1432  
F: 03 5782 1432

### Robert Gordon Real Estate



Shop 1, 41-43, High Street  
Wallan Vic 3756  
P: 03 5783 3333 - ALL HOURS  
F: 03 5783 1025

#### Commercial/Business Sales/Lease

As well as residential and rural property, we also deal in a wide variety of commercial properties, commercial land and businesses.

Please email us for brochures or further information on our commercial/business listings on: [prop-erty@robertgordon.com.au](mailto:property@robertgordon.com.au)

### Pinnacle Print Group

For all your printing needs.



288 Dundas Street  
Thornbury VIC 3071  
P: 03 8480 3333  
F: 03 8480 3344

### RetireInvest Bendigo









For all your financial planning needs contact  
George Flack

P 03 5446 3463  
F 03 5446 2199


E [RI.Bendigo@retireinvest.com.au](mailto:RI.Bendigo@retireinvest.com.au)

## Waverley Gift 2007 18 March

- One of the best grass tracks in Australia and still in sensational condition
- Voted 'Meet of the Year' in 2006 by the Trainers and Athletes Association
- Bring the family, Pony rides, Jumping Castle, Trade Display Area and plenty of food.
- Bookie on site
- Bigger and better than last year!!!!
- Over \$8,500.00 worth of prize money



**Athletics Waverley**  
Central Reserve  
Cnr Waverley & Springvale Road's  
Glen Waverley, VIC, 3150  
(Melways ref 71 B5)  
Contact Yohan on 9873 3351





### Miss that team camaraderie and need more competition?



Get involved and join an AV club and get the extra competition you need as well as being a part of a team!

Shield Competition starts  
Nov 11 in your region!

[www.athsvic.org.au](http://www.athsvic.org.au)

For further information or to find your nearest club visit the AV website, phone 9428 8195 or email [lucille@athsvic.org.au](mailto:lucille@athsvic.org.au)