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VICTORIAN ATHLETIC LEAGUE NEWSLETTER

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Issue 1 2006/07 SEASON

IN THIS EDITION

- NEWS
- REGISTRATION
- CRICKET WILLOW INFO
- CALENDAR

NEWS

2006/2007 Season

Welcome everybody to the first edition of the VAL newsletter for season 06/07. The VAL will be introducing some new initiatives for season 2006/07. One of these is the offer of free registration for first year athletes under 25 and free registration to any first year female athlete of any age. Both free registrations are for athletes who have never competed with the VAL before.

For information on this new offer please click on this link on the front page of the VAL website.

A new range of novice miles are being introduced to entice younger athletes to compete in these races.

The new season calendar of events is listed below. It is not yet official as a couple of the clubs are still looking at changing their dates.

Cricket Willow Gift Info

Click on link below

<http://www.myspace.com/runforthewillow>

We have the latest gift news, updates from the VAL, SAAL and the VRTA. We have over 80 members who have access to web casting, and event photo's, as well as access to be able to send run for the willow members e-mail. We also have affiliation with over 30 track and field clubs from around the world, that all host web forums.

Cricket Willow is proud to announce that this year's gift meeting will be on a delayed web cast from this web site, we are currently showing video of last year's gift final. So join up become a member and enjoy what this web site has to offer.

The new registration form is available to view click on downloads section on the VAL website.

V. A. L. Meetings	Closing Date	Meeting Date
Bacchus Marsh	Monday 9 th October 2006	Tuesday 7 th November 2006
Dandenong Show	Monday 16 th October 2006	Saturday 11 th November 2006
Cranbourne	Monday 16 th October 2006	Sunday 12 th November 2006
VRTA	Monday 30 th October 2006	Sunday 26 th November 2006
Daylesford	Monday 13 th November 2006	Saturday 9 th December 2006
ZATOPEK	Monday 13 th November 2006	Thursday 14 th December 2006
Northcote	Monday 20 th November 2006	Sunday 18 th December 2006
MCG : <u>TBA</u>		
Maryborough	Monday 4 th December 2006	Monday 1 st January 2007
Mitchell Shire	Monday 11 th December 2006	Saturday 6 th January 2007
Rye	Monday 11 th December 2006	Saturday 13 th January 2007
Ringwood	Monday 18 th December 2006	Sunday 21 st January 2007
Wangaratta	Monday 18 th December 2006	Saturday 28 th January 2007
St Bernard's	Monday 8 th January 2007	Saturday 3 rd February 2007
Sandringham	Monday 8 th January 2007	Sunday 4 th February 2007
Ballarat	Monday 15 th January 2007	Saturday 10 th February 2007
Ararat	Monday 15 th January 2007	Sunday 11 th February 2007
Keilor	Monday 22 nd January 2007	Saturday 17 th February 2007
Casey Scorpions	Monday 29 th January 2007	Friday 23 rd February 2007
Noble Park	Monday 29 th January 2007	Sunday 25 th February 2007
Stawell	Monday 5 th February 2007	Sat 7 th - Mon 9 th April 2007
Burramine	Monday 5 th February 2007	Saturday 3 rd March 2007
Bendigo	Monday 12 th February 2007	Sat 10 th - Sun 11 th 2007
Waverley	Monday 19 th February 2007	Sunday 18 th March 2007
Geelong	Monday 26 th February 2007	Sunday 25 th March 2007

**FOR ADVERTISING OR TO
INCLUDE ANY
INFORMATION IN THIS
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