



Victorian Athletic League Inc.

ABN 94 382 804 163

Olympic Park, Swan Street Melbourne
Tel (03) 9428 7077 Fax (03) 9427 9183
info@val.org.au

www.val.org.au

AMMENDMENTS TO HANDICAP GUIDELINES FOR SEASON 2006 / 2007

- A penalty equivalent to the minimum graduation will be given to all winners over all distances in Group 2, 3 and 4 races from the STT time at the beginning of each season for wins in the previous season. All winners of Group 1 and Classic races will incur a penalty of double the minimum graduation from their STT time. All penalties will be cumulative over similar distances.
- All Stawell Gift Finalists from the previous year will incur an additional penalty from their STT at the beginning of the season as follows ;
2nd placegetter .75m , 3rd placegetter .50m , 4th-6th .25m
- All *finalists* in Group 1 and Classic races will not receive a credit for that event on that particular day.
All *placegetters* in Group 2,3 and 4 races similarly will not receive a credit for that event on that particular day.

- The minimum pull for a win in the 1600m has been increased, with the new penalty table as follows;
- | | | |
|------------------|-----|------|
| Up to \$1000 | 10m | +10m |
| \$1001 to \$2000 | 15m | +15m |
| \$2001 + | 20m | +20m |
| Stawell | 25m | +25m |

Any multiple winner over this distance may incur an additional penalty equivalent to the accumulation penalty of two wins.

- The AP calculation will be based on where the runners could reasonably be expected to have progressed to, at that particular time in the season.
Eg. 120m Open will be as follows ;

Until Xmas	12.45s
January	12.40s
February	12.35s
March	12.30s
April	12.25s

Thus, should a runner break net time for that particular period the AP calculation will be taken from the above. If the fastest time from the heats is slower than the above, then this time is what will be used to calculate the AP time.

The same type of calculation will apply to all events over all distances.

- Any runner who breaks CP (Ceiling Point) time, will have their mark adjusted at the next declaration of marks for the next VAL meeting.
The exception to this is when the performance is run on an all weather track or on all Bendigo circular events.

All Bendigo performances will have an allowance of one second per lap.

All runners' histories will be adjusted accordingly, with this allowance being taken into account in their rpm calculation .

- Women who win an Open race will be penalised in Women's events over the equivalent distance, even if that race won was not a Group 1 or Classic race.
- A new performance category QP (questionable performance) will be implemented for this season. This category is not as severe as the UP, in that a runner only misses out on a credit for that particular distance on that day, and does not lose any previously accrued credits. There will be no right of appeal for a QP. Please note a runner can only receive one QP per season, the next offence the runner will receive a UP.
- The graduation of an OGA athlete to an established athlete has been reduced from 8 races to 5 races over a similar distance.